



**Maskwacis Education Schools Commission**

P.O. Box 58  
Maskwacis, AB  
T0C 1N0  
P: (780) 585-3333 F: 585-3857  
www.maskwacised.ca

**MESC WELLNESS SPENDING ACCOUNT CLAIM FORM**

**Employee Information**

Great West Life ID #	
Employee Name	
Address	
Work Location	

**Claim Details**

Amount \$
Itemized expense:
Amount \$
Itemized expense:

**Total claim amount \$ \_\_\_\_\_**

Wellness account expenses are reimbursed at 100% up to \$500 per calendar year per employee.

Claims must include original receipts and are submitted to the MESC Director of Health and Wellness for approval. (Do not submit to GWL)

All reimbursed claims will be treated as a taxable benefit and subject to Income Tax, CPP and EI.

Employee Signature \_\_\_\_\_

Date \_\_\_\_\_

Authorizing Signature \_\_\_\_\_

Date \_\_\_\_\_



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Finance Signature \_\_\_\_\_ Finance code \_\_\_\_\_ Date \_\_\_\_\_

The following expenses are covered:

- Alternative Healing Therapies
- Athletic Facility Fees
- Art, Craft and Language Classes
- Craniosacral Massage
- Cultural Healing
- Exercise and Sports Equipment
- Fitness Centre Fees
- Life/Health Coaching
- Holistic Health
- Reflexology
- Reiki
- Smoking Cessation
- Weight Management Programs

**Other expenses may qualify but contact the Director of Health and Wellness for approval before you purchase.**

### Limitations

No benefits are paid for:

- Items that do not directly promote employee personal health and wellness
- Expenses that private benefit plans are not permitted to cover by law
- Services or supplies you are entitled to without charge by law or for which a charge is made only because you have coverage under a private benefit plan
- Any portion of the expense for services or supplies for which benefits are payable under your basic health plan, another group plan or a government plan